**Unit: Gymnastics** **Grade: First** **Level: 06**

**S1.E8.1**- Transfers weight from one body part to another in self-space in gymnastics.
**S1.E9.1**- Rolls with either a narrow or curled body shape.

| **Student Name** | Lays down flat on back. | Brings knees up to chest and holds them in with hands. | Keeps elbows in tight while rolling on side. | **CASEL** Self-Management : Stress Management | Notes/Observations/ Next Steps |
|---|---|---|---|---|---|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |