Unit: Gymnastics Grade: Second Level: 09

S1.E7.2a- Balances on different bases of support, combining levels and shapes.
S1.E8.2- Transfers weight from feet to different body parts/bases of support for balance.

Student Name	Tightens muscles.	Focuses eyes on a non-moving object.	Freezes like a statue.	**CASEL** Self-Management : Stress Management	Notes/Observations/ Next Steps