Unit: Gymnastics Grade: Sixth Level: 26

S1.M24.6- Demonstrates correct technique for basic skills in one self-selected individual-performance activity.
S3.M18.6- Identifies positive and negative results of stress and appropriate ways of dealing with each.

Student Name	Chooses four or more lower leg exercises to complete correctly.	Identifies how chosen exercises helps deal with stress appropriately.	**CASEL** Self-Management: Stress Management	Notes/ Observations/ Next Steps