Unit: Gymnastics Grade: Sixth Level: 28

S1.M24.6- Demonstrates correct technique for basic skills in one self-selected individual-performance activity.

S3.M18.6- Identifies positive and negative results of stress and appropriate ways of dealing with each.

Begins with a pose either standing, kneeling, or on the floor.	Includes a variety of skills.	Dismounts after a set of skills is done.	Finishes with an ending pose and hold.	CASEL Self- Management: Stress Management	Notes/ Observations/ Next Steps
	a pose either standing, kneeling, or	a pose variety of either skills. standing, kneeling, or	a pose variety of after a set of skills is standing, kneeling, or	a pose variety of after a set an ending either skills. of skills is pose and standing, kneeling, or after a set an ending pose and done. hold.	a pose variety of either skills. of skills is pose and standing, kneeling, or variety of after a set of skills is pose and standing between the skills is pose and between the skills is pose