S1.E3.3- Jumps and lands in the horizontal and vertical planes using a mature pattern. Student Bends Swings arms Extends and S4.E1.3 Notes/Observations/ straight up Next Steps Name knees, leans stretches Exhibits personal while forward and body upward responsibility in teacher-directed swings arms jumping. while in the activities. back. air. CASEL Self-Management-Impulse Control