Unit: Jumping Grade: 5th Level: 24- Double Single Jump Rope

S1.E27.5- Creates a jump-rope routine with a partner, using either a short or long rope.

Student Name	Begins jumping rope.	Once good rhythm is	Turns the rope at double the	S4.E1.5 Engages in	Notes/Observations/ Next Steps
		established, makes a high jump and lifts feet to bottom.	speed so that it passes under feet twice.	physical activity with responsible interpersonal behavior.	·
				CASEL Self-Management- Impulse Control	