Unit: Jumping Grade: 7th Level: 29- Long Jump

S2.M13.7- Analyzes the situation and makes adjustments to ensure the safety of self and others

Student Name	Begins with a running start.	Jumps off one foot while using the proper jumping form.	Lands with knees and hips bent to maintain balance.	**S4.M7.7** Independently uses physical activity and exercise equipment appropriately and safety. **CASEL** Self-Management-Goal Setting	Notes/Observations/ Next Steps