Unit: Jumping Grade: 1st Level: 6- Jump Rope Once

S1.E27.1a- Jumps forward or backward consecutively using a self-turned rope.

Student Name	Holds handles out to the side of waist, keeping elbows in.	Steps over the rope so it's behind feet.	Uses hands and wrists to swing the rope over head.	**S4.E1.1** Accepts personal responsibility by using equipment and space appropriately. **CASEL** Self-Management- Self- Discipline	Notes/Observations/ Next Steps