Unit: Jumping Grade: 1st Level: 7- Using Two Feet

S1.E3.1- Demonstrates 2 of 5 critical elements for jumping and landing in a horizontal plane using two-foot take offs and landings.

Student Name	Bends knees and jumps off of both feet.	Lands on both feet with knees bent.	Maintains balance when landing.	**S4.E1.1** Accepts personal responsibility by using equipment and space appropriately. **CASEL** Self-Management- Self- Discipline	Notes/Observations/ Next Steps