Unit: Running Grade: 4th Level: 18

S1.E2.4- Runs for distance using a mature pattern.

S2.E3.4- Applies the movement concepts of speed, endurance, and pacing for running.

Student Name	Pushes off of the outside of foot.	Turns hips in the direction student wants to travel.	Points inside foot in the direction student wants to travel.	CASEL Self-Management: Self-Motivation	Notes/Observations/ Next Steps
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