Unit: Running **Grade: 5th** **Level: 22**

S1.E2.5- Uses appropriate pacing for a variety of running distances.
S1.M24.6- Attempts correct technique for basic skills in 1 self-selected individual-performance activity. *Grade level appropriate demonstration of this skill appears in 6th grade.*

Student Name	Places lead foot forward with feet shoulder-width apart.	Bends knees and leans forward (most of weight should be on front foot).	Pushes off of back foot.	CASEL Self-Management: Self-Motivation	Notes/Observations/ Next Steps