SHAPE- Swimming and swimming safety is not required within the Shape Standards. This unit is for those who need to meet state specific standards or want to teach additional content.

CASEL- Self-Awareness- Self-Confidence

Student Name	Demonstrates correct technique for flutter kicks.	Demonstrates correct technique for a front crawl.	Demonstrates correct technique for butterfly kicks.	Demonstrates correct technique for breaststroke kicks.	Notes/Observations/ Next Steps