Unit: Swimming Grade: Fourth Level: 20

SHAPE- Swimming and swimming safety is not required within the Shape Standards. This unit is for those who need to meet state specific standards or want to teach additional content.

CASEL- Self-Awareness- Self-Confidence

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|------------------------------------|--|---|---|-----------------------------------|
| Student Name | Demonstrates correct technique for back float using flutter kicks and a kickboard. | Understands that back floating with a kickboard helps you to transition to the back crawl stroke. | Understands that the back float will allow you to breath if you fall in water. | Notes/Observations/ Next Steps |
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